

Southbound Boston • Washington • Richmond • Newport News • Virginia Beach



# Northeast Corridor Boston - Virginia Beach

EFFECTIVE JULY 1, 2005  
ELECTRONIC VERSION ONLY REVISED 7/1/05

Serving  
**Boston**  
**Washington**  
**Richmond**  
**Newport News**  
**Virginia Beach**  
 and intermediate stations

This timetable shows all Amtrak through service to stations between Boston, MA and Newport News/Virginia Beach, VA. Also, see timetable Form W2 for complete Washington and Philadelphia to New York schedules.

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Train Name	Regional	Palmetto	Carolinian	Regional	Regional	Silver Star <sup>SM</sup>	Metroliner <sup>SM</sup>	Regional	Regional	Metroliner <sup>SM</sup>	Metroliner <sup>SM</sup>	Regional	Regional	Regional	Regional	Regional	Metroliner <sup>SM</sup>	Regional	Regional	Silver Meteor <sup>SM</sup>	Regional	
Train Number ▶	67	89 <sup>93</sup>	79 <sup>93</sup>	141	143	91	2153	95	195	2155	2251	171	99	93	83	161	2253	85	87	97	173	
Days of Operation ▶	Daily	Daily	Daily	Mo-Fr <sup>N</sup>	SaSu <sup>A</sup>	Daily	Mo-Fr <sup>N</sup>	Mo-Fr <sup>N</sup>	SaSu <sup>A</sup>	Mo-Fr <sup>N</sup>	Sa <sup>W</sup>	Mo-Fr <sup>N</sup>	SaSu <sup>A</sup>	Mo-Th <sup>N</sup>	Fr	SaSu <sup>A</sup>	SaSu <sup>A</sup>	Mo-Fr <sup>N</sup>	Su <sup>E</sup>	Daily	Mo-Fr <sup>N</sup>	
On Board Service ▶	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	
<b>BOSTON, MA</b> -South Sta.	Dp	9 45P																				
Boston, MA-Back Bay		R 9 50P																				
Route 128, MA		R 10 00P																				
Providence, RI		10 25P																				
Kingston, RI (Martha's Vineyard <sup>92</sup> )		10 46P																				
Westerly, RI		11 01P																				
Mystic, CT		11 12P																				
New London, CT (Casino)		11 25P																				
Old Saybrook, CT		11 46P																				
<b>NEW HAVEN, CT</b>	Ar	12 20A																				
Bridgeport, CT	Dp	12 26A																				
Stamford, CT		1 12A																				
New Rochelle, NY																						
<b>NEW YORK, NY</b>	Ar	2 01A																				
Newark, NJ	Dp	3 00A																				
Liberty Intl. Airport, NJ <sup>↔</sup>		3 20A																				
Metropark, NJ		3 36A																				
Trenton, NJ		4 03A																				
<b>PHILADELPHIA, PA</b> -30th St. Sta.	Ar	4 30A																				
Wilmington, DE	Dp	5 13A																				
Aberdeen, MD																						
Baltimore, MD		6 10A																				
BWI Airport, MD <sup>↔</sup> [7]		6 23A																				
New Carrollton, MD		L 6 44A																				
<b>WASHINGTON, DC</b>	Ar	7 00A																				
Alexandria, VA	Dp	7 30A																				
Franconia-Springfield, VA		7 47A																				
Woodbridge, VA		7 57A																				
Quantico, VA		8 17A																				
Fredericksburg, VA		8 36A																				
Ashland, VA		9 19A																				
<b>RICHMOND, VA</b> -Staples Mill Rd.	Ar	9 40A																				
Richmond, VA-Main St. Sta.	Dp	9 45A																				
Williamsburg, VA		10 12A																				
Newport News, VA		L 11 04A																				
Norfolk, VA	Ar	11 50A																				
Virginia Beach, VA	Ar	12 05P																				

Train Name	Regional	Regional	Regional	Regional	Regional	Metroliner <sup>SM</sup>	Regional	Regional	Regional	Regional	Regional	Regional
Train Number ▶	163	137	135	165	175	2259	167	177	197	179	169	67
Days of Operation ▶	SaSu <sup>A</sup>	Mo-Fr <sup>N</sup>	SaSu <sup>A</sup>	SaSu <sup>A</sup>	Mo-Fr <sup>N</sup>	Su <sup>E</sup>	SaSu <sup>A</sup>	Mo-Fr <sup>N</sup>	SaSu <sup>A</sup>	Mo-Th <sup>N</sup>	Fr	Daily
On Board Service ▶	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup>	RB <sup>Q</sup> <sup>Q</sup> <sup>Q</sup>
<b>BOSTON, MA</b> -South Sta.	Dp	11 40A	1 45P	3 05P	3 20P	4 00P	4 40P	5 35P	6 40P	6 45P	6 45P	9 45P
Boston, MA-Back Bay		R 11 45A	R 1 45P	R 3 10P	R 3 25P	R 4 05P	R 4 45P	R 5 40P	R 6 45P	R 6 50P	R 6 50P	R 9 50P
Route 128, MA		R 11 55A	R 1 56P	R 2 00P	R 3 20P	R 3 35P	R 4 16P	R 4 55P	R 5 51P	R 6 55P	R 7 00P	R 10 00P
Providence, RI		12 20P	2 21P	2 25P	3 45P	4 00P	4 38P	5 20P	6 16P	7 20P	7 25P	10 25P
Kingston, RI (Martha's Vineyard <sup>92</sup> )		12 41P	2 42P	2 46P	4 06P	4 21P		5 41P	6 37P	7 41P	7 46P	10 46P
Westerly, RI		12 56P	2 57P		4 21P			5 56P	6 51P			11 01P
Mystic, CT					4 31P				7 01P			11 12P
New London, CT (Casino)		1 17P	3 18P	3 19P	4 45P	4 54P		6 17P	7 15P	8 18P	8 19P	11 25P
Old Saybrook, CT		1 36P	3 38P		5 04P			6 36P	7 34P	8 37P		11 46P
<b>NEW HAVEN, CT</b>	Ar	2 09P	4 09P	4 09P	5 38P	5 42P		7 09P	8 09P	9 09P	9 09P	12 20A
Bridgeport, CT	Dp	2 11P	4 11P	4 11P	5 41P	5 44P	6 15P	7 11P	8 11P	9 11P	9 11P	12 26A
Stamford, CT		2 31P	4 31P	4 31P	6 01P			7 31P	8 31P	9 31P		
New Rochelle, NY		2 56P	4 56P	4 56P	6 26P	6 27P	6 57P	7 56P	8 56P	9 56P	9 53P	1 12A
<b>NEW YORK, NY</b>	Ar	3 50P	6 00P	5 45P	7 20P	7 15P	7 45P	8 50P	9 50P	10 50P	10 40P	10 40P
Newark, NJ	Dp	4 05P	6 20P	6 05P	7 55P	7 35P	8 00P	9 05P	10 05P	11 01P	11 01P	11 01P
Liberty Intl. Airport, NJ <sup>↔</sup>		4 22P	6 37P	6 22P	8 12P	7 52P	8 16P	9 22P	10 22P	11 22P	11 17P	11 17P
Metropark, NJ		4 27P	6 42P	6 27P	8 17P	7 57P		9 27P	10 27P			
Trenton, NJ		4 39P	6 52P	6 38P	8 32P	8 08P	8 29P	9 39P	10 38P	11 35P	11 31P	11 31P
<b>PHILADELPHIA, PA</b> -30th St. Sta.	Ar	5 01P	7 14P	7 00P	8 54P	8 30P		10 01P	11 00P	11 57P	11 52P	4 03A
Wilmington, DE	Dp	5 32P	7 44P	7 30P	9 25P	9 00P	9 17P	10 32P	11 33P	12 25A	12 20A	4 50A
Aberdeen, MD		5 54P	8 06P	7 52P	9 47P	9 23P	9 38P	10 54P	11 55P			5 13A
Baltimore, MD				8 22P								
BWI Airport, MD <sup>↔</sup> [7]		6 42P	8 54P	8 46P	10 35P	10 08P	10 22P	11 42P	12 45A		1 34A	6 10A
New Carrollton, MD		6 55P	9 07P	8 58P	10 48P	10 20P	10 35P	11 55P	12 57A		1 46A	6 23A
<b>WASHINGTON, DC</b>	Ar	D 7 08P	D 9 20P	D 9 11P	D 11 02P	D 10 33P		D 12 09A	D 1 10A			L 6 44A
Alexandria, VA	Dp	7 30P	9 40P	9 30P	11 20P	10 50P	11 05P	12 30A	1 30A			7 00A
Franconia-Springfield, VA												7 30A
Woodbridge, VA												7 47A
Quantico, VA												7 57A
Fredericksburg, VA												8 17A
Ashland, VA												8 36A
<b>RICHMOND, VA</b> -Staples Mill Rd.	Ar											9 19A
Richmond, VA-Main St. Sta.	Dp											9 40A
Williamsburg, VA												9 45A
Newport News, VA												10 12A
Norfolk, VA	Ar											L 11 04A
Virginia Beach, VA	Ar											11 50A

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 Orange Shading indicates Reserved Regional Train.  
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# Northbound Virginia Beach • Newport News • Richmond • Washington • Boston

Train Name	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Metroliner®	Regional	Silver Meteor®	Regional	Regional	Metroliner®	Regional	Regional	Metroliner®	Metroliner®	Regional	Regional	
Train Number ▶	<b>66</b>	<b>190</b>	<b>150</b>	<b>170</b>	<b>160</b>	<b>162</b>	<b>172</b>	<b>84</b>	<b>174</b>	<b>2250</b>	<b>164</b>	<b>98</b>	<b>82</b>	<b>86</b>	<b>2252</b>	<b>88</b>	<b>76</b>	<b>2164</b>	<b>2298</b>	<b>140</b>	<b>176</b>	
Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	SaSu	SaSu	Mo-Fr	Mo-Fr	Mo-Fr	Sa	SaSu	Daily	Sa	Mo-Fr	Su	Sa	Su	Mo-Fr	Sa	SaSu	Mo-Fr	
On Board Service ▶	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB
Virginia Beach, VA	Dp 2 15P																					
Norfolk, VA	Dp 3 00P																					
Newport News, VA	Ar 4 00P																					
Williamsburg, VA	Dp 4 20P																					
Richmond, VA-Main St. Sta.	Dp 5 30P																					
RICHMOND, VA-Staples Mill Rd.	Ar 5 55P																					
Ashland, VA	Dp 6 00P																					
Fredericksburg, VA	Dp 6 13P																					
Quantico, VA	Dp 6 56P																					
Woodbridge, VA	Dp 7 15P																					
Franconia-Springfield, VA	Dp 7 35P																					
Alexandria, VA	Dp 7 45P																					
WASHINGTON, DC	Ar 8 25P																					
New Carrollton, MD	Dp 10 00P	3 00A	3 00A	4 35A	5 25A	6 20A	6 30A															
BWI Airport, MD [7]	Dp 10 12P			R 4 46A	R 5 36A	R 6 31A	R 6 41A															
Baltimore, MD	Dp 10 30P			5 02A	5 52A	6 47A	6 57A															
Aberdeen, MD	Dp 10 45P	3 35A	3 35A	5 16A	6 07A	7 02A	7 12A															
Wilmingon, DE	Dp 11 36P	4 30A	4 30A	6 01A	6 55A	7 55A	7 58A															
PHILADELPHIA, PA-30th St. Sta.	Dp 12 12A	5 15A	5 15A	6 24A	7 18A	8 18A	8 21A															
Trenton, NJ	Dp 12 47A	5 45A	5 45A	6 51A	7 47A	8 47A	8 50A															
Metropark, NJ	Dp 1 15A																					
Liberty Intl. Airport, NJ	Dp 1 33A	6 16A	6 16A	7 25A	8 25A	9 25A	9 23A															
Newark, NJ	Dp 1 53A	6 22A	6 22A	7 31A	8 31A	9 31A	9 29A															
NEW YORK, NY	Ar 3 15A	6 40A	6 40A	7 49A	8 49A	9 49A	9 47A															
New Rochelle, NY	Dp 3 15A	6 55A	6 55A	8 04A	9 04A	10 04A	10 02A															
Stamford, CT	Dp 4 04A	7 43A	7 43A	8 52A	9 52A	10 52A	10 50A															
Bridgeport, CT	Dp 4 04A	7 43A	7 43A	8 52A	9 52A	10 52A	10 50A															
NEW HAVEN, CT	Ar 4 55A	8 29A	8 31A	9 33A	10 36A	11 36A	11 36A															
Old Saybrook, CT	Dp 5 10A	8 31A	8 33A	9 35A	10 38A	11 38A	11 38A															
New London, CT [Casino]	Dp 5 41A	9 00A	9 02A	10 05A	11 08A	12 07P	12 07P															
Mystic, CT	Dp 6 00A	9 19A	9 21A	10 25A	11 23A	12 26P	12 27P															
Westerly, RI	Dp 6 13A	9 34A	9 34A	10 37A	11 35A	12 39P	12 39P															
Kingston, RI [Martha's Vineyard]	Dp 6 24A	9 39A	9 45A	10 48A	11 46A	12 50P	12 50P															
Providence, RI	Dp 6 40A	9 55A	10 01A	11 04A	12 02A	1 06P	1 06P															
Route 128, MA	Dp 7 30A	10 16A	10 22A	11 26A	12 24A	1 27P	1 27P															
Boston, MA-Back Bay	Dp 8 19A	10 44A	10 50A	11 54A	12 52A	2 06P	2 06P															
BOSTON, MA-South Sta.	Ar 8 15A	10 59A	11 05A	12 10P	12 59P	2 15P	2 15P															

## Good news for Amtrak Guest Rewards® Members.

Amtrak Guest Rewards® is committed to our Northeast Corridor travelers, so we've introduced an interim point-earning structure to ensure that our members have an opportunity to continue to earn 500 or 750 points between select city pairs based on class of service. This earning structure will apply to not only Metroliner® Business and First class service, but also Regional trains Coach and Business class.

For detailed information on the interim point-earning structure, please visit [amtrakguestrewards.com](http://amtrakguestrewards.com).



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Train Name	Regional	Metroliner®	Regional	Metroliner®	Regional	Silver Star™	Regional	Regional	Regional	Carolinian	Palmetto	Regional	Regional
Train Number ▶	<b>194</b>	<b>2168</b>	<b>94</b>	<b>2256</b>	<b>148</b>	<b>92</b>	<b>168</b>	<b>178</b>	<b>166</b>	<b>80</b>	<b>90</b>	<b>66</b>	<b>78</b>
Days of Operation ▶	SaSu	Mo-Fr	Mo-Fr	Su	Mo-Fr	Daily	SaSu	Mo-Fr	Su	Daily	Daily	Daily	Fr
On Board Service ▶	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB	RB
Virginia Beach, VA	Dp 6 55A												
Norfolk, VA	Dp 7 35A												
Newport News, VA	Ar 8 45A												
Williamsburg, VA	Dp 9 00A												
Richmond, VA-Main St. Sta.	Dp 9 26A												
RICHMOND, VA-Staples Mill Rd.	Ar 10 17A												
Ashland, VA	Dp 10 45A												
Fredericksburg, VA	Dp 10 50A												
Quantico, VA	Dp 11 02A												
Woodbridge, VA	Dp 11 44A												
Franconia-Springfield, VA	Dp 12 04P												
Alexandria, VA	Dp 12 35P												
WASHINGTON, DC	Ar 1 05P												
New Carrollton, MD	Dp 1 25P	2 00P											
BWI Airport, MD [7]	Dp 1 36P												
Baltimore, MD	Dp 1 52P												
Aberdeen, MD	Dp 2 07P	2 31P											
Wilmingon, DE	Dp 2 55P	3 15P											
PHILADELPHIA, PA-30th St. Sta.	Dp 3 18P	3 37P											
Trenton, NJ	Dp 3 47P												
Metropark, NJ	Dp 4 08P												
Liberty Intl. Airport, NJ	Dp 4 19P												
Newark, NJ	Dp 4 25P	4 34P											
NEW YORK, NY	Ar 4 45P	4 50P											
New Rochelle, NY	Dp 5 00P	5 00P											
Stamford, CT	Dp 5 48P												
Bridgeport, CT	Dp 5 48P												
NEW HAVEN, CT	Ar 6 33P	6 31P											
Old Saybrook, CT	Dp 6 35P												
New London, CT [Casino]	Dp 7 04P												
Mystic, CT	Dp 7 23P												
Westerly, RI	Dp 7 43P												
Kingston, RI [Martha's Vineyard]	Dp 7 59P												
Providence, RI	Dp 8 19P	L 8 03P											
Route 128, MA	Dp 8 49P	D 8 34P											
Boston, MA-Back Bay	Dp 9 00P	D 8 44P											
BOSTON, MA-South Sta.	Ar 9 05P	8 49P											

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### Symbols and Reference Marks

- A** Time Symbol for A.M.
- D** Stops only to discharge passengers.
- L** Stops to receive and discharge passengers; train may leave before time shown.
- N** Time Symbol for Noon.
- P** Time Symbol for P.M.
- R** Stops only to receive passengers.
- RB** Business Class-Reserved seating.
- QC** Amtrak® Quiet Car.
- RR** All-reserved train, reservations required.
- CB** Connecting Thruway bus.
- SC** Sleeping Car service available.
- FC** First class service available.
- MC** Dining Car serving complete meals.
- SB** Sandwiches, snacks and beverages.
- CB** Checked Baggage services at stations indicated.
- SM** Smoking is prohibited entirely on these trains.
- A** Will ALSO operate 5/30, 7/4, 9/5.
- E** Will ALSO operate 5/30, 7/4, 9/5 and will NOT operate 5/29, 7/3, 9/4.
- N** Will NOT operate 5/30, 7/4, 9/5.
- W** Will NOT operate 5/29, 7/3, 9/4.
- W** Will ALSO operate 5/29, 7/3, 9/4. Train 82 operates Was-Bos only.
- Y** Will ALSO operate 5/29, 7/3, 9/4, Will NOT operate 5/30, 7/4, 9/5.
- 7** Free shuttle between rail and air terminal.
- 92** Seasonal service to Martha's Vineyard operated by Vineyard Fast Ferry. A shuttle service from Kingston to the ferry terminal is available. Call (401) 295-4040 for schedules and reservations.
- 93** To accommodate track work south of Richmond, schedules for Trains 79, 80, 89 and 90 will be adjusted Monday-Thursday through June 23. Please consult Amtrak.

### Amtrak® Offers Levels of Services in the Northeast

- Metroliner® — Premium all reserved service offering reserved First class or Business class.
- Regional<sup>SM</sup> — Regional trains are all reserved. Choose between Business class or Coach class.

### Historic Main Street Station